

MAY 2024/ EAST AREA YMCA/ ACTIVE OLDER ADULT ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
	Mahjong Club - Learning Center (1:15pm-3:00pm)	Walking Club: From 8:30 am to 9:30 am. Green Lakes, 7900 Lakes rd. We will meet@Environmental Center Parking lot. We will walk around the lakes Walk level 1.	Carol Watson Green House. May Garden Club Activity. From 10:00 am to 11:00 am. Join us for a unique tour, just in time for spring planting.	Bridge Club- Teen Center (9:00 am to 12:00 pm)	Walking Club: From 8:30 a.m. to 9:30 a.m. Cedar Bay, Erie Canal. We will meet@Parking lot. Walk Level 1.	
5	6	7	8	9	10	11
	Mahjong Club - Learning Center (1:15pm-3:00pm) Bridge Lessons From 10:00 to 11:00 am in the Teen Center (Six week program).	Walking Club: From 8:30 am to 9:30 am. Sullivan Park Chittenango. 319 Lake Street, 13037. We will meet at the parking lot. Walk/Hinking level 2.	Scrabble Club - Learning Center (12:30pm-2:30pm)		Walking Club: From 10:00 a.m. to 11:00 a.m. Green Lakes, 7900 Lakes Rd. We will meet@Environmental parking lot. We will walk around the lakes. Mother's Day Picnic at Green Lakes State Park from 11:00 am to 12:00 pm. \$10 for members \$13 non members.	
12	13	14	15	16	17	18
	Mahjong Club - Learning Center (1:15pm-3:00pm) Bridge Lessons From 10:00 to 11:00 am in the Teen Center (Six week program).	Walking Club: From 8:30 a.m. to 9:30 a.m. Brookside Trail Walk. We will meet@Fayetteville United Methodist Church parking lot.601 East Genesee Street. Walk level 1.	Scrabble Club - Learning Center (12:30pm-2:30pm)	Bridge Club- Teen Center (9:00 am to 12:00 pm)	Walking Club: From 8:30 a.m. to 9:30 a.m. Clark Reservation State Park. We will meet@parking lot, after passing the large facility at the entrance. Walk/Hiking level 1 Hot Cocoa and Puzzle time. From 11:00 am to 2:00 pm.	
19	20	21	22	23	24	25
	Mahjong Club - Learning Center (1:15pm-3:00pm) Bridge Lessons From 10:00 to 11:00 am in the Teen Center (Six week program).	Walking Club: From 8:30 a.m. to 9:30 a.m. Huntignton Memorial Beard Park. 505 Lincoln Rd. We will park along Lincoln Rd. Walk level 1. Understanding Pelvic Health. Rachel friendman PT and specialized in woman's pelvic health, will share with us important information. From 11:00 am to 12:00pm.	Scrabble Club - Learning Center (12:30pm-2:30pm)	Book Club Meeting. The Spectacular. From 10:45 am to 12:00 pm.	Walking Club: From 10:00 a.m. to 11:00 a.m. Onondaga Lake park. 6680 Onondaga Lake Pkway, Liverpool NY, 13088. We will park in front of the Salt Museum. Hot Dog's Day at Heids. We will meet@305 Oswego St. Liverpool NY, 13088. From 11:00 am to 12:00 pm.	
26	27	28	29	30	31	1
	MEMORIAL DAY (YMCA IS CLOSED)	Walking Club: From 8:30 am to 9:30 am. Green Lakes, 7900 Lakes rd. We will meet@Meadow View Parking lot (Going to campgrounds). Hiking/Walk level 2. Gabrielle's Ice Cream Day. From 12:30 pm to 1:30 pm. We will meet@Cazenovia Rd, Manlius 13104. Registration is required.	Scrabble Club - Learning Center (12:30pm-2:30pm)	Bridge Club- Teen Center (9:00 am to 12:00 pm)	Walking Club: From 8:30 a.m. to 9:30 a.m. Erie Canal Landing Park. We will meet@Freedom of Espresso parking lot. Walk level 1. May Birthday Party Celebration. From 10:30 am to 11:30 am.	